



PANTHER PRIDE MARCH 2025

DATES TO REMEMBER

SUNDAY	MONDAY	TUESDAY	WEDNES	THURSDAY	FRIDAY	SATURDAY
	10 Early Release 2:21PM		12 2025-2026 School Lottery		14 Just Dance Performance	15 Academic Saturday School Just Dance Performance
	17 Early Release 2:21PM				21 3rd Quarter Ends Spring Play	22 Spring Play
	24 Early Release 2:21PM 8/9 PSAT Senior Exits	25 Band/Choir to Disneyland	26 Band/Choir to Disneyland	27 Band/Choir to Disneyland		
	31 Early Release 2:21PM Spring Spirit Week	1 Spring Spirit Week	2 Spring Spirit Week	3 Spring Spirit Week Dance Auditions 7-12 grades	4 Spring Spirit Week	



LIONS CLUB SPEECH CONTEST



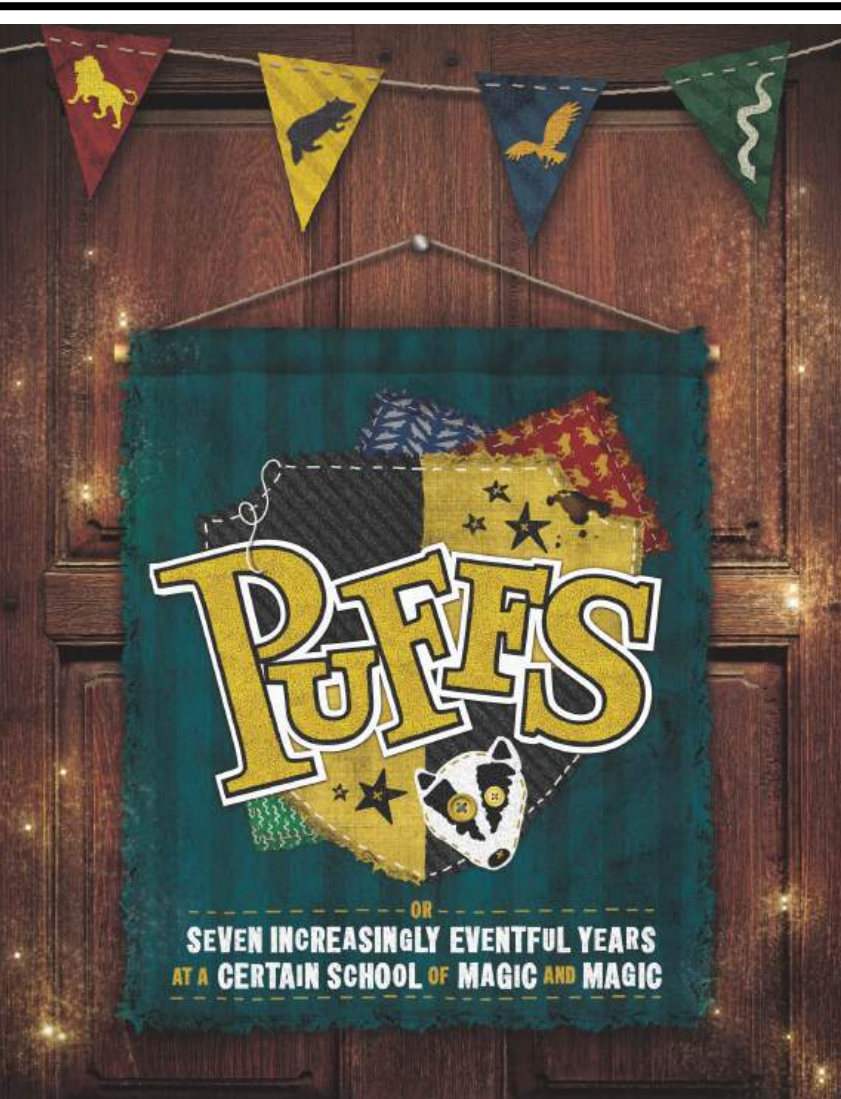
5 U-Prep students competed in the Enterprise Lions Club student speaker contest. Hannah H., Grace S., William L., Faith K, and Jordan G Contestants all had very different takes on the prompt (Artificial Intelligence: Friend or Foe?), which was really fun to see/hear. They all did a stellar job of personalizing their answer to the prompt to their own individual passions.

The lions ultimately chose Jordan's speech on the hidden environmental cost of AI (through energy consumption and water use). Jordan did a masterful job of demonstrating that these energy concerns directly impact the North State--an area with a history of high energy needs in the summer, and regular droughts.



With his win at that contest, Jordan advanced to a Zone competition on March 1st in Cottonwood against students from two other schools and won that as well! He will now compete at the Regional Competition at the end of the month.

Great job Panthers and good luck Jordan!



Spring Play **PUFFS**

It's that time of year again, the spring play is back! Get ready for a hilarious and heartwarming journey through seven increasingly eventful years at a certain school of magic, you know the one! PUFFS, the hit play, reimagines a beloved wizarding world from a different perspective!

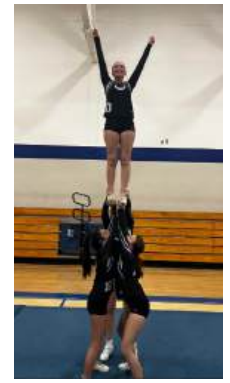
Performances are March 21st at 7:00PM, and March 22nd at 2:00 and 7:00 PM. Tickets are \$10 and are now on sale bit.ly/upreppuffs

TALENT SHOW 2025





STUNT



UPrep STUNT season is underway!

Once again we have a large, diverse team that is a combination of cheerleaders and welcomes several members new to STUNT. We are excited to attend our first ever STUNT tournament at Jessup University on March 22nd and are hopeful for a strong season. Our first game is April 1st and would love to invite all to attend our game at UPrep on April 3rd.



WRESTLING



Our wrestlers had a strong showing at the Section Tournament! Asher Edwardson claimed first place in his weight class, while Kennedy Russell finished as the runner-up. Ramon Chamorro and Kody Zaffarano each secured third-place finishes, John Lane placed fifth, and Isaac Baker took eighth, with the boys' team finishing 10th overall.

Asher and Kennedy advanced to the State Tournament, where Asher went 0-2 and Kennedy 1-2. We are so proud of all our wrestlers for their hard work, dedication, and fantastic achievements.

Congratulations to everyone on a memorable season!



ALPINE



This Alpine season has been another success! Last week, our team competed at the State Championships at Sierra-at-Tahoe, and we couldn't be prouder. Out of our 16 regular racers, 11 qualified to compete at the state level—a huge accomplishment!

A special congratulations to our seniors Jackson Bright, Alex Karlsson, and Brayden Jones for an incredible season, each achieving personal bests! Your hard work and dedication have left a lasting impact on the program.



GIRLS BASKETBALL

What a season for our girls' basketball team! They dominated the competition, earning the titles of League Champions and Section Champions, all while making history with the highest winning percentage in program history—an impressive 25-4 record (.862).

A huge congratulations to JoAnna Warren, who was named NAL MVP, as well as Layne McFadden and Maddux Rossman, who earned All-League honors, and Aubrey Caudell, who received Honorable Mention.

Making even more history, this team became the first U-Prep basketball team to be placed in a higher division for the state playoffs, earning the #10 seed in Division 3.

We are so proud of this team and their incredible achievements—what a season to remember!



BOYS BASKETBALL

The boys' basketball team continued their dominance this season, winning their 5th Section Championship in the past six years! They finished with an outstanding 26-9 record and made history by tying for the deepest state playoff run in program history, reaching the NorCal Semifinals.

Congratulations to the players and coaches on another phenomenal season! Your hard work and dedication continue to make U-Prep basketball a powerhouse.



GIRLS SOCCER

What an incredible season for our girls' soccer team! They started strong, taking second place in their first tournament against an upper-division school. From there, they dominated league play, going undefeated and securing the title of League Champions! A special congratulations to our senior captain, Lyndsey Schuster, who was named League MVP! Additionally, captains Riley Hayward and Katie Thomas, along with standout freshman Kenna Wood, all earned All-League honors for their outstanding performances this season. We are so proud of this team for their hard work and achievements.



BOYS SOCCER



What a season for our Varsity Boys Soccer team! After an undefeated section championship and the graduation of 11 seniors, many expected a rebuilding year. But this team had other plans!

Despite a slow start and a few tough one-goal losses, the boys quickly found their rhythm. They dominated league play, finishing as undefeated NAL champions, conceding just one goal throughout the entire league season. Their incredible performance earned them the #3 seed in playoffs, where they defeated Lassen before a hard-fought semi-final loss to Orland (0-1).

This team showed resilience, determination, and heart every step of the way.

They represented our school with pride, and we couldn't be more proud of them!



COUNSELING CENTER

Attention 8th Grade Students & Families!

We are excited to announce a wonderful opportunity for our 8th grade students to get a head start on their academic journey! On Monday, March 24th, our school will be offering the PSAT (Preliminary SAT) to all 8th graders. This is a fantastic chance for students to experience the format and types of questions found on the SAT, which is a critical component of the college admission process.

The PSAT is not only a great practice tool but also helps identify areas where students can improve their skills. We encourage all of our 8th grade students to take advantage of this opportunity. It's a step towards unlocking your potential and setting the stage for future success!



Top Tips for State Testing Success!

State testing season is here! To help you perform your best, follow these simple but effective test-day strategies:

- ✨ **Rest & Recharge** – Get at least 8 hours of sleep the night before to stay sharp.
- 🍎 **Fuel Your Brain** – Eat a healthy breakfast with protein and complex carbs to keep your energy up.
- 🕒 **Be On Time** – Arrive early to avoid stress and start your test feeling calm.
- 📎 **Come Prepared** – Bring all necessary supplies, such as pencils, erasers, and a calculator.
- 👁️ **Read Carefully** – Pay close attention to directions and each question before answering.
- 🕒 **Manage Your Time** – Don't rush! Answer what you know first, then go back to tougher questions.
- 🤔 **Use Smart Strategies** – Eliminate wrong answers and make educated guesses when needed.
- 💪 **Stay Positive** – Believe in yourself! A confident mindset leads to better performance.
- 🌬️ **Take Deep Breaths** – If you feel anxious, pause, breathe, and refocus.
- ✅ **Double-Check Your Work** – If time allows, review your answers for mistakes before submitting.
- 💡 **Final Reminder:** One test does not define you—just do your best! You've got this! 💪

University Preparatory School Presents

16th Annual

JUST DANCE

March 14th & 15th

7:00pm

David Marr Auditorium

2200 Eureka Way

Redding, CA



Adults: \$12

Students: \$5

Kids 5 and under: free

Tickets on sale at Uprep

For more information call 530-245-2790

CAREER FAIR

**UNIVERSITY PREPARATORY
SCHOOL**

**MONDAY, APRIL 28, 2025
STUART GYMNASIUM**



8:30-9:30 AM: 11th Grade

9:30-10:20 AM: 12th Grade

10:20-11:00 AM: 10th Grade





COME AND JOIN US

NON SCHOOL DAY CAMPS OFFERED TO UPREP FAMILIES

Please click on the QR Code for more information

Registration opens October 25 2024

Questions? Contact: Marianne Sweetwood

msweetwood@sflymca.org

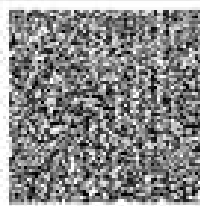
(530)246-9622 x113

**Free to all
UPrep 6th Grade
Students!**

Transportation from the YMCA to the camp location (noted on the registration if different than the YMCA on Eureka Way) can be arranged.

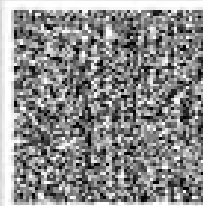
Please contact the main office for more information.

Fall Camp



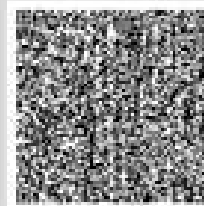
November
25-27

December
19-20



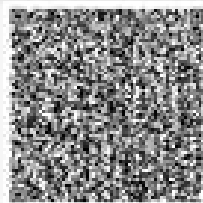
December
19 & 20

Winter
Camp



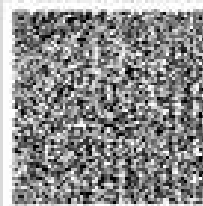
December
23, 26, 27, 30, 31
January
2, 3, 6

January
20th



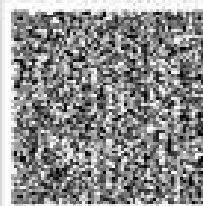
January
20

President's
Camp



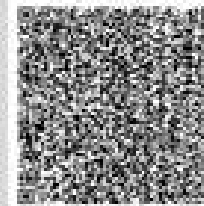
February
17-21

Spring
Camp



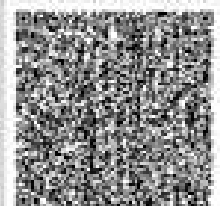
April
14-18

May 30th



May
30

June Camp



June
2-6

University Preparatory School 2024-2025

Academic School Year Calendar

13

July 24						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

20

1st Quarter Ends	October 11	42
1st Semester Ends	December 18	42
3rd Quarter Ends	March 21	48
2nd Semester Ends	May 29	43

Student Attendance Days (175)
Minimum Days
Finals
Academic Conferences

23

August 24						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

13

September 24						
Su	M	Tu	W	Th	F	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

18

October 24						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

15

November 24						
Su	M	Tu	W	Th	F	Sa
					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

15

December 24						
Su	M	Tu	W	Th	F	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

13

January 25						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

18

February 25						
Su	M	Tu	W	Th	F	Sa
						1
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23	24	25	26	27	28	

15

March 25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

21

April 25						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

17

May 25						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

20

June 25						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

21

HOLIDAYS/RECESSES



Labor Day	Sep 2
Veteran's Day Holiday (by law must be Nov 11 if a weekday)	Nov 11
Thanksgiving Break	Nov 25-29
Winter Break	Dec 19-Jan 6
Martin Luther King Jr. Day	Jan 20
Washington Day Observed	Feb 17
Lincoln Day Observed	Feb 18
President's Week	Feb 17-21
Spring Break	April 14-18
Memorial Day	May 26
Juneteenth	June 13
Easter - April 20	
Thanksgiving - November 28	

CERTIFICATED DATES

School Starts:	August 14
School Ends:	May 29
Staff Work Days	August 13 December 19 May 30 June 2
Staff Development Days	August 12 January 6
Snow Day Makeup:	May 30
<i>(If snow day makeup is used, then May 30 work day will be moved to June 3)</i>	