

## Counseling Resources

### Private Practitioners

Charity Olsen: 530-232-4688  
Patricia Bay: 530-241-3642  
Robert Boyle: 530-524-4036  
Diana Brown: 530-515-7725  
DaLene Forester: 530-245-9221  
Amanda Magnuson: 530-638-2527  
Reid McKellar: 530-949-7857  
Lisa & Robert McKinnon: 530-229-7744  
Sean Niko Kuyper: 530-356-9793  
Doug Porter: 530-244-7408  
Kim Pattison: 530-945-8546  
Lynn Roundtree: 530-508-6937  
Judy Tarkington: 530-675-8413  
Marcy Thompson: 530-243-0820  
Chelsea Williamson: 530-515-7551

### Agency/Community Programs

Dunamis Wellness Center: 530-338-0087  
Family Dynamics Resource Center: 530-242-9007  
Hill Country Health and Wellness Center:

- CARE Center on Gold Street: 530-691-4446
- Gold Street Medical Clinic: 530-319-7066

North American Mental Health Services: 530-646-7269  
Northern Valley Catholic Social Service: 530-241-0552  
Remi Vista, Inc: 530-245-5805  
Shasta County Mental Health Department: 530-225-5252  
Victor Community Support Services: 530-223-2822

### Family Resources

Kids Turn Redding, 530-244-5749  
Love and Logic Parenting Skills Programs: <https://www.loveandlogic.com/>

### Drug & Alcohol Prevention/Counseling

Wright Education Service: 530-223-5122

### Additional Resources

California Parent and Youth Helpline: 855-427-2736  
<https://caparentyouthhelpline.org/>

Shasta County Community Health: 530-246-5710  
<https://www.shastahealth.org/community-resource-housing-guide>

Shasta County Youth Access Program: 530-225-5200  
<https://www.co.shasta.ca.us/index/hhsa/professionals/mental-health-providers/access>

[Psychology Today](#) (search by Redding, CA)