



## Community Counseling/Student Mental Health Resources

### Private Practitioners

Marcy Thompson: 530-243-0820  
Judy Tarkington: 530-222-3993  
Reid McKellar: 530-241-2159  
Robert McKinnen: 530-229-7744  
Lisa McKinnen: 530-229-7744  
Robert Boyle: 530-243-7178  
Patricia Bay: 530-241-3642  
DaLene Forester & Jenni Odell: 530-245-9221  
Joanne Carpenter: 530-410-8135  
Diana Brown-Children Grief: 530-229-1125  
Lyn Roundtree: 530-508-6937  
Cindy Larson/McDonald: 530-941-1835  
Doug Porter: 530-244-7408  
Kim Pattison: 530-999-2291  
Stacey Darrah-Burk: 530-527-8491  
Sean Niko Kuyper: 530-356-9793

### Agency/Community Programs

Remi Vista, Inc: 530-224-7160  
Northern Valley Catholic Social Service: 530-241-0552  
Victor Community Support Services: 530-223-2822  
Shasta County Mental Health Department: 530-225-5252  
North American Mental Health Services: 530-646-7269  
Hill Country Health and Wellness Center: 530-691-4451  
Family Dynamics Resource Center: 530-242-9007

### Family Resources

Love and Logic Parenting Skills Programs: <https://www.loveandlogic.com/>  
Kids Turn, Divorce Education: 530-244-5749

### Drug & Alcohol Prevention/Counseling

Wright Education Service: 530-223-5122

### Additional Resources

Shasta County Office of Education-Bridges to School Success and Triple P Parenting Program:  
<https://www.shastacoe.org/instructional-services-division/early-childhood-services-department/bridges-to-school-success>



**UNIVERSITY**  
**PREPARATORY SCHOOL**  
PURSUING EXCELLENCE TOGETHER

**Shelle Peterson**  
Superintendent/Principal  
**Rochelle Angley**  
Assistant Principal  
**Monica Cabral**  
Assistant Principal

---

School Board: President – **Susan Saephanh** ♦ Vice President- **Mike Littau** ♦ Members – **Sue Brix, Trent Copland, Mike Stuart**

Shasta County Community Health:

<https://www.shastahealth.org/community-resource-housing-guide>

Shasta County Youth Access Program:

<https://www.co.shasta.ca.us/index/hhsa/professionals/mental-health-providers/access>

California Parent and Youth Helpline:

<https://caparentyouthhelpline.org/>

Everyday Health:

<http://www.everydayhealth.com/emotional-health>