

VOLLEYBALL 1ON1

Volleyball1on1 2 Day Volleyball Clinic Registration Form

What: Volleyball1on1 2 Day Clinic

When: 2 Days – January 20 - 21, 2018

Time: 8 am – 5 pm Saturday and Sunday 8 am – 5 pm. (Setter Training Starts at 7:30 am)

Where: Uprep High School

Cost: \$75.00 for 1 day or \$150.00 for 2 days.

Camp Includes: Volleyball1on1 6-month online subscription (valued @ 149.00), Volleyball1on1 Instructors coaching fees.
Camp Option: Volleyball1on1 Ball (valued @ \$34.95) – Cost \$5. **Please Include: Yes _____ No _____**

Player Name: _____ **1 or 2 Day:** _____ **Grade:** _____ **Payment Amount:** _____

Parent /Guardian Name: _____ **Parent Phone #:** _____

***Parent Email** _____ ***Player Email:** _____

***Make sure emails are legible, this is how we give you access to the website.**

PAYMENT DEADLINE: PLEASE RETURN FORM WITH CHECK PAYMENT TO UPREP VOLLEYBALL BY January 9th (preferably earlier so that we can reserve Andor's time) (SPACE IS LIMITED – THIS WILL SELL OUT!!!)

ABOUT VOLLEYBALL1ON1:

Andor Gyulai is the founder of Volleyball1on1 (www.volleyball1on1.com) headquartered in Los Angeles, California. Volleyball1on1 is the first (since 2009) and number one instructional volleyball coaching web site in the world featuring over 2500 videos from the absolute best coaches and players in the sport of volleyball sharing insider instructional techniques, drills, practice plans and more 1 on 1 for you!



Volleyball1on1 Modern Coaching System: The teaching methods Volleyball1on1 Instructors uses during a Volleyball1on1 clinics represent over 25 years of coaching experience along with scientific study of modern volleyball coaching techniques. One of these techniques, introduced by legendary player and coach, Karch Kiraly is called "Reading the Game" which offers players cutting edge methods to achieve their fullest playing potential in a much shorter time period than traditional systems. The Volleyball1n1 Modern Coaching system is based on studied scientific principles from human kinetics, organizational behavior, statistics, and psychology. With Andor's Volleyball1on1 clinics you will learn great techniques, have a lot of fun, and be well prepared for your high school / club tryouts to have the best season to come!

Clinic Schedule and What Attendees Will Learn:

Day 1 (Saturday) Skill Development Clinic: Serving, Passing and Spiking. Attendees will learn how to develop an effective SERVE including technique for a jump float serve, the most effective serve in women's volleyball. Players will also learn correct passing technique including how to "Slow The Ball Down," and spiking technique for their ARMSWING and APROACH. Andor (Owner) is the most popular volleyball instructor in the world on volleyball spiking technique. Visit the link to see why: <http://www.volleyball1on1.com/2-million-and-counting-my-most-popular-volleyball-spiking-videos-on-youtube/>

Day 2 (Sunday) Skill Development Clinic: Setting, Blocking and Defense. Attendees will learn proven technique on how to Set, Block and play Defense using Modern Coaching Systems of "Reading the Game" and "Slowing the Ball Down." This includes advanced techniques for dealing with "Pressure," "How to get in the Zone" and more.

Andor will share techniques used by the best players in the world to help you rapidly improve your volleyball skills.

CAMP CO-ORDINATOR CONTACT: Tawni Kramer

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