

University Preparatory School 4-Day Volleyball 1on1 "Travel 2 U" Camp Registration Form



What: Volleyball 1on1 4-Day Camp

Where: University Preparatory School; Stuart Gym

When: Monday, June 25, 2018 to Thursday, June 28, 2018

Time: Monday, Tuesday, Wednesday: 8.00 am – 5.00 pm, Thursday 8.00 am – 1.00 pm
(Setter Training Starts at 7:30 am on Tuesday, Wednesday, Thursday)

Cost: \$235.00

Camp Bonus Includes: Volleyball 1 on 1 branded ball (Valued @ \$34.95)

Volleyball1on1.com 6-month Online Volleyball Video Tutorial Subscription. (Valued @ \$149.00)

Player Name: _____ **Grade:** _____ **Total Payment Amount:** _____

School Provided Lunch: Yes or No (circle)

If not doing a school provided lunch, please plan on bringing your own lunch.

Parent /Guardian Name: _____ **Parent Phone #:** _____

***Parent Email** _____ ***Player Email:** _____

*Please make sure your email address is printed clearly as this is how we provide you access to your 6-month Volleyball1on1.com online video tutorial subscription.

PAYMENT DEADLINE: Please return form with check payment to UPREP Volleyball By June 1st, 2018

Volleyball1on1 Modern Coaching System: The teaching methods Volleyball1on1 Instructors utilize during a Volleyball1on1 clinic represent over 25 years of coaching experience along with scientific study of modern volleyball coaching techniques. One of these techniques introduced by legendary player and coach, Karch Kiraly is called "Reading the Game" which offers players cutting edge methods to achieve their fullest playing potential in a much shorter time period than traditional systems. The Volleyball1on1 Modern Coaching system is based on studied scientific principles from human kinetics, organizational behavior, statistics, and psychology. At this Volleyball1on1 clinic you will learn great techniques, have a lot of fun, and be well prepared for your high school / club tryouts to have your best season to come!

Day-1 Monday, June 25th, 8-5PM Skill Development Clinic: Serving, Passing and Spiking. Attendees will learn how to develop an effective SERVE including technique for a jump float serve, the most effective serve in women's volleyball. Players will also learn correct passing technique including how to "Slow The Ball Down" and spiking technique for their ARMSWING and APPROACH.

Day-2 Tuesday, June 26th, 8-5 PM Skill Development Clinic: Setting, Blocking and Defense. Attendees will learn proven technique on how to Set, Block, and play Defense using Modern Coaching Systems of "Reading the Game" and "Slowing the Ball Down." This includes advanced techniques for dealing with "Pressure," "How to Get in the Zone", and more.

Day-3 & 4 Wednesday, June 27th, 8-5PM: Thursday, June 28th, 8-1PM: Putting It All Together: Attendees will learn how to apply the skills they learned in a 6 on 6 team environment, including a "Game Plan Offense," "Game Plan Defense," and developing an on-court strategy based upon science. Players will also learn the Volleyball1on1 Formula called "What Great Looks Like!"™ for on and off court success.

ABOUT VOLLEYBALL1ON1:

Andor Gyulai is the Founder of Volleyball1on1 (www.volleyball1on1.com) headquartered in Los Angeles, California. Volleyball1on1 is the first (since 2009) and number one instructional volleyball coaching web site in the world featuring over 3000 videos and articles from the absolute best coaches and players in the sport of volleyball sharing insider instructional techniques, drills, practice plans, and more 1 on 1 for you! Andor Gyulai is the #1 volleyball instructor in the world on volleyball spiking technique. Please visit this link to learn more:

<http://www.volleyball1on1.com/2-million-and-counting-my-most-popular-volleyball-spiking-videos-on-youtube/>



Tawni Kramer – University Preparatory School- Email: tkramer@suhsd.net

Volleyball1on1.com * 13428 Maxella Drive, #302 Marina Del Rey, CA 90292

Tel: 323-592-9613 * Fax: 310-427-6495 * Vbinfo@Volleyball1on1.com